### Formulary Updates

#### **DEFINITIONS**

**Formulary** These drugs are included in Mass General Brigham's covered drug list.

Non-Formulary These drugs are not included in Mass General Brigham's formulary. The plan

would only cover formulary alternatives. Providers can request Non-Formulary drugs as an exception, and the plan would require trial of all appropriate

formulary alternatives prior to approving coverage of a Non-Formulary drug. If a Non-Formulary drug is approved, the member's cost sharing would be the

highest tier.

Preferred These drugs are on Mass General Brigham's formulary and offer a lower cost to

members.

**Non-Preferred** These drugs are on Mass General Brigham's formulary but offer a higher cost to

members.

**Excluded** Mass General Brigham does not cover these drugs. Members will receive a denial

for all Excluded drug requests.

### **Updates for Commercial Members**

Effective 10/01/2025

GLP-1 Medications	Some plans (e.g. Commercial - Large Group) will not include coverage for GLP-1 medications (e.g., Wegovy, Zepbound, Saxenda) that share an indication of obesity/weight management.
Nexletol, Nexlizet	Initial approval criteria will be updated to require that the member has one of the following diagnoses: established cardiovascular disease (CVD), high risk for CVD but without established CVD (e.g., diabetes mellitus), heterozygous familial hypercholesterolemia, or primary hyperlipidemia. In addition to the member being at least 18 years of age and attestation that the member will use the requested medication as adjunct to diet, member will be required to meet one of the following: has been administering statin therapy at the maximally tolerated dose for at least three consecutive months, has been unable to tolerate at least two statins, or has a contraindication to all statins. Initial requests for Nexletol will require that the member has been receiving at least three consecutive months of generic ezetimibe therapy as adjunct to maximally tolerated statin therapy or has a history of contraindication or intolerance to ezetimibe. Initial requests for Nexlizet will require that the member has been receiving at least three consecutive months of generic ezetimibe therapy as adjunct to maximally tolerated statin therapy.

	Requests for reauthorization for both agents will require documentation of improvement in the member's condition (e.g., reduction in LDL).
Enspryng Uplizna	Initial approval criteria for neuromyelitis optica spectrum disorder (NMOSD) will be updated to include the requirement that the member is anti-aquaporin 4 (AQPR) antibody positive confirmed by use of immunoassay. Reauthorization criteria for NMOSD will be updated to include documentation of a positive clinical
	response to therapy (e.g., reduction in the number of relapses).

#### Effective 11/01/2025

Test Strips and	Effective 11/1/2025, OneTouch test strips and glucometers will be nonformulary.
Meters	Starting on 11/1/2025, the following Accu-Chek and FreeStyle test strips will be
	covered without prior authorization (quantity limits will apply):
	Accu-Chek Aviva Plus
	Accu-Chek Guide
	Accu-Chek Smart View
	FreeStyle Precision Neo
	FreeStyle Insulinx
	FreeStyle
	FreeStyle Lite
	Compatible glucometers for the above test strips will be covered without prior authorization; quantity limits will apply.
	Please consider preparing members currently utilizing OneTouch test strips and glucometers. Accu-Chek and FreeStyle meters and test strips will be covered beginning 11/1/2025 and a new prescription will be required for this transition.

### **Updates for MassHealth Members**

#### Effective 10/01/2025

The following generic medications will become non-preferred. Please use the brand name alternative(s):

Generic Medication	Brand Name Alternative
fluorometholone 0.1% eye drops	FML 0.1% eye drops
halcinonide 0.1% cream	Halog 0.1% cream
bupropion hydrobromide extended-release tablet	Aplenzin extended-release tablet
bosutinib tablet, capsule	Bosulif tablet, capsule
azilsartan medoxomil tablet	Edarbi tablet
brinzolamide/brimonidine 1%-0.2% eye drops	Simbrinza 1%-0.2% eye drops



## The following brand name medications will become non-preferred. Approval will require a trial of its generic medication:

Brand Name	Generic Medication
Lotemax 0.5% eye drops, ophthalmic gel	loteprednol etabonate 0.5% eye drops, ophthalmic gel
Carac 0.5% cream	fluorouracil 0.5% cream
Olux-E 0.05% foam/emollient	clobetasol emulsion 0.05% foam/emollient
Noxafil Injection	posaconazole Injection

#### Effective 10/01/2025

# The following changes are being made to the listed medications to be in compliance with the MassHealth UPPL (Unified Pharmacy Product List):

	Expanded indication for Isturisa for the treatment of adults with all forms of
Acromegaly Agents, Carcinoid	endogenous Cushing's syndrome was added.
Syndrome Agents, and	gray and an arrange and arrange arrange and arrange arrang
Cushing's Syndrome Agents	Metopirone was added as an additional trial for Isturisa, Korlym, Recorlev,
	and Signifor for Cushing's syndrome.
	New drug, Attruby tablet, will be added to the pharmacy benefit with prior
	authorization.
	Criteria to prevent concurrent use with other therapies used for the
A manufacial a sia. The avalage a	treatment of ATTR-CM for Vyndaqel and Vyndamax was added.
Amyloidosis Therapies	
	ATTR-CM was added for Amvuttra following an expanded indication update.
	ATTR-CM: cardiomyopathy of wild-type or hereditary transthyretin-mediated
	amyloidsis
	Cyramza criteria was updated to include additional trials of 1 <sup>st</sup> line preferred
	options based on NCCN recommendations.
	The requirement for bevacizumab products to use in combination with
Angiogenesis Inhibitors	interferon alfa was removed based on NCCN recommendations.
	Tecentriq Hybreza was added as a trial option to use in combination with
Anti-Allergy and Anti-	bevacizumab products for hepatocellular carcinoma (HCC) and non-small
	cell lung cancer (NSCLC).
	Fluorometholone will be added as a step-through therapy option for
	Inveltys and Lotemax SM.
Inflammatory Agents - Ophthalmic	Bromfenac 0.09% will be added as a step-through therapy option for
Opinina	Bromsite (bromfenac 0.075%).
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The age requirement for Xdemvy was removed due to lack of clinical alternatives.

**Clobetasol propionate 0.05% ophthalmic suspension** and **Epinastine 0.05% eye drops** will both be **added** to the pharmacy benefit **with** prior authorization.

**Bromfenac 0.09% eye drops** will no longer require prior authorization on the pharmacy benefit.

The following new formulations will be **added** to the pharmacy benefit **with** prior authorization:

- Brynovin 25 MG/ML solution
- Metformin 750mg tablet
- Rybelsus 1.5mg, 4mg, & 9mg tablet

The following medications <u>will remain</u> on the pharmacy benefit **and** will have prior authorization **added**:

- Januvia tablet
- Janumet tablet
- Janumet XR tablet
- Sitagliptin/metformin tablet (authorized generic of Zituvimet)
- Glipizide 2.5mg tablet

#### Antidiabetics Agents - Non-Insulin and Combination products

Ozempic for treatment of type 2 diabetes mellitus (T2DM) and chronic kidney disease (CKD) were added following an expanded FDA approval.

The following criteria were updated to require a step-through both Tradjenta and Januvia:

- Nesina
- Onglyza
- Zituvio

Trijardy XR, Soliqua, and Xultophy criteria were updated to be consistent with other non-preferred agents.

The off-label use in treatment of obesity criteria for non-preferred GLP-1 agents was updated to require a step-through with tirzepatide.

Criteria for Mounjaro was separated based on two diagnoses:



For members with obesity/overweight and comorbid condition of  type 2 diabetes mellitys or prediabetes.
type 2 diabetes mellitus or prediabetes  2. For members with type 2 diabetes mellitus only
For members with type 2 diabetes mellitus only  Visand suspension will require a medical passes its for the suspension instead.
Vfend suspension will require a medical necessity for the suspension instead of oral tablets.
Criteria for Noxafil oral suspension/powder for oral suspension was updated
to include members with a hematologic malignancy who are undergoing chemotherapy.
Fulvicin P/G (griseofulvin 165mg tablet) will be added to the pharmacy
benefit <b>with</b> prior authorization.
Zepbound criteria was updated to include a step-through requirement with
Mounjaro for embers with a comorbid condition of type 2 diabetes mellitus or prediabetes.
The following clinical updates were made to the Caplyta criteria:
It was further specified that at least one trial for bipolar depression
should be lurasidone, olanzapine or quetiapine, with the addition of
required step-through Vraylar for bipolar I depression.
As for all other indications, the criteria will require 3 trials plus a
Vraylar trial.
The Cobenfy criteria was updated to further specify that two of the trials
must be aripiprazole, lurasidone, ziprasidone or Vraylar.
The Rexulti criteria was updated to include the specification that one trial
should be aripiprazole, with the addition of step-through Vraylar.
The following medications will be <b>added</b> to the pharmacy benefit <b>with</b> a
prior authorization requirement:
Norvir softgel capsule
Norvir powder packet
Edurant tablets for oral suspension will be added to the pharmacy benefit
with a quantity limit of 180 tablets per 30 days.
Policy was updated following several expanded indication updates:
<ul> <li>Dupixent for individuals ≥12 years of age with chronic spontaneous</li> </ul>
urticaria (CSU)
Dupixent for adults with bullous pemphigoid
Nucala for add-on maintenance treatment of adult patients with
inadequately controlled chronic obstructive disease (COPD) and an
eosinophilic phenotype



	Step-through criteria was further elaborated for Xolair for CSU.
	Additional step-through therapy options were considered for Livmarli and
	Bylvay for the treatment of pruritus in progressive familial intrahepatic
Bile Acid Agents	cholestasis (PFIC).
	Liveragii tablete will be added to the abovemony benefit with arior
	<b>Livmarli tablets</b> will be <b>added</b> to the pharmacy benefit <b>with</b> prior authorization.
	New drug, Tezruly 1 mg/mL solution, will be added to the pharmacy benefit
BPH Agents	with prior authorization.
	New drug, Rapiblyk vial, will be added to the medical benefit with no
	restrictions.
	Testrictions.
	New drugs, Arbli 10 mg/mL suspension & Inzirqo 10 mg/mL suspension,
	will both be <b>added</b> to the pharmacy benefit <b>with</b> prior authorization.
	The following medications will be <u>removed</u> from the pharmacy benefit <b>and</b>
	will be covered on the medical benefit only with no restrictions:
Cardiovascular Agents	Metoprolol injection
	Propranolol injection
	Diltiazem injection
	Verapamil injection
	Corvert (ibutilide injection)
	Reauthorization criteria was added to require documentation of continued
	medical necessity for use of the liquid/sprinkle formulations.
CFTR Modulators	The age requirement for the baseline percent predicted forced expiratory
C. T. Wiedalaters	volume in one second was updated from >6 years to ≥ 7 years.
Cimzia	Indications of polyarticular juvenile idiopathic arthritis and fistulizing
	Crohn's disease have been added to the criteria.  The following continuous subcutaneous insulin devices will remain on the
	pharmacy benefit <b>with</b> prior authorization and will now have quantity limits
	added:
	Omnipod Dash Intro Kit (Gen 4) - QL: 1 kit every 4 years
	Omnipod Dash (Gen 4) 5-Pack Pods – QL: 10 pods per 30 days
Continuous Subsutanceus	Omnipod Dash (Gen 4) - QL: 18 kit every 4 years
Continuous Subcutaneous Insulin Infusion	Omnipod 5 Intro kit (Gen 5) - QL: 1 kit every 4 years
	Omnipod 5 Intro Kit (Gen 6) – QL: 1 kit every 4 years
	<ul> <li>Omnipod 5 (Gen 5) 5-Pack Pods – QL: 10 pods per 30 days</li> </ul>
	<ul> <li>Omnipod 5 (Gen 6) 5-Pack Pods – QL: 10 pods per 30 days</li> </ul>
	<ul> <li>Cequr Simplicity (2 unit), 4-day patch - QL: 8 patches per 30 days</li> </ul>
	Coqui Simplicity (2 unit), 4 day pateri QLI o pateries per 30 days



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	Criteria requiring uncontrolled diabetes, frequent hypoglycemia,
	fluctuations in blood glucose before mealtime, dawn phenomenon or
	severe hypo- or hyperglycemia was removed.
	Reauthorization criteria was updated to require clinical rationale why
	replacement was not covered by manufacturer warranty for intro
	kits/personal diabetes managers.
	Criteria for Cegur Simplicity 4-day patch was updated to require medical
	necessity for requests exceeding 1 patch per 4 days.
	The reauthorization criteria for <b>Eohilia</b> was updated for continued use
	beyond the initial 12-week course of therapy (may be approved up to 1
Corticosteroids - Oral	year).
	<b>Tarpeyo</b> proteinuria thresholds were updated to > 0.5 g/day or g/g.
	<b>Taclonex suspension</b> will remain brand preferred on the pharmacy benefit
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	and will no longer require prior authorization.
	Olux-E (clobetasol propionate foam/emollient) will remain on the pharmacy
Corticosteroids – Topical	benefit and will now require prior authorization.
	Language was updated for maximum quantity amounts of
	betamethasone/calcipotriene ointment, Bryhali, halobetasol foam,
	Ultravate, and Wynzora to align with package inserts.
	New drug, Zelsuvmi 10.3% gel, will be added to the pharmacy benefit with
	prior authorization.
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Dermatological Agents	Ycanth criteria was updated to include other topical alternatives such as
	potassium hydroxide, salicylic acid and topical retinoid. And concomitant
	atopic dermatitis was added as an acceptable reason for treatment in
	patients with molluscum.
Gamma-Aminobutyric Acid	New product, Gabarone 100 mg & 400 mg (gabapentin tablet) will be
(GABA) Analogs	added to the pharmacy benefit with prior authorization.
	The following expanded indications were added to criteria for their
GnRH Analogues	respective medications:
	Endometrial thinning prior to endometrial ablation - Lupron
	Advanced breast cancer - Lupron, Trelstar, and Triptodur
	Ovarian suppression/preservation - Trelstar and Triptodur
	The step-through requirement for the following indications has been
	updated to accept any formulation of leuprolide:
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	Advanced prostate cancer
	<ul> <li>Premenstrual Dysphoric Disorder (PMDD)</li> </ul>
	Abnormal uterine bleeding
	<b>Zoladex</b> for advanced breast cancer criteria was updated by including a
	step-through option of leuprolide and Triptorelin.
	Trelstar vial will remain on the medical benefit with prior authorization and
	will also be <b>added</b> to the pharmacy benefit <b>with</b> prior authorization.
Rivfloza	The age requirement was lowered from ≥9 years of age to ≥2 years of age
	following a labeling expansion.
	Criteria for specialist involvement was added for all indications throughout
	the policy.
Immune Globulin	The initial approval duration has been updated to 3 months for Pediatric
	autoimmune neuropsychiatric disorders associated with streptococcal
	infection (PANDAS).
	The following updates were made following an expanded FDA approval:
	Vtama criteria was updated to include atopic dermatitis in adults
Immune Suppressants –	and pediatrics ≥ 2 years of age
Topical	<ul> <li>Zoryve 0.3% foam was updated to include plaque psoriasis in adults</li> </ul>
	and pediatric members ≥ 12 years of age
	Criteria for platelet count threshold was added to Jakafi and Inrebic and
	updated for Vonjo to align with NCCN recommendations.
JAK Inhibitors for	apacted for vorigo to angle with recent recommendations.
Myelofibrosis, Graft Versus	The diagnosis of myelofibrosis-associated anemia was added for Jakafi
Host Disease, and	(ruxolitinib tablet), Ojjaara (momelotinib), and Vonjo (pacritinib).
Polycythemia Vera	(raxontinio tablet), ojjadra (momerotinio), ana vonjo (paeritinio).
	Prescriber specialty requirement has been added to all agents in the policy.
	New drug, Gomekli (1 mg capsule, 2 mg capsule, & 1 mg tablet for oral
	suspension) will be <b>added</b> to the pharmacy benefit <b>with</b> prior authorization.
Kinase Inhibitors	
Killase Illillottors	The initial duration of approval for Koselugo was updated to 6 months from
	12 months.
	Criteria was updated for Blincyto to reflect expanded indication of B-cell
Blincyto Besponsa	precursor acute lymphoblastic leukemia (B-ALL) and address trial of
	combination therapy with tyrosine kinase inhibitors (TKIs such as dasatinib,
	imatinib, nilotinib etc) following the NCCN recommendations.
	induins, inicting etc, following the frech recommendations.
	The reauthorization approval duration was updated to 6 months.
Onjoid Danandansa and	Rextovy 4mg nasal spray will remain on the pharmacy benefit and will no
Opioid Dependence and Reversal Agents	longer require prior authorization.
Neversal Agents	Tonger require prior authorization.



	<b>Zubsolv</b> criteria was updated to require step-through of both film and tablet
	formulations of buprenorphine/naloxone.
	Talzenna capsules will remain on the pharmacy benefit with prior
	authorization and will have an additional quantity limit of 30 capsules per
	30 days.
PARP Inhibitors	
PARP Inhibitors	Lynparza criteria for metastatic castration-resistant prostate cancer was
	updated to include option of Lynparza as monotherapy for those with
	deleterious or suspected deleterious germline or somatic BRCA1 or BRCA2
	gene mutation.
Ponal Disorder Agents	New drug, Vanrafia tablet, will be added to the pharmacy benefit with prior
Renal Disorder Agents	authorization.
Dituuimada Agamta	Mycophenolate was added as one of the trial options for polymyositis and
Rituximab Agents	dermatomyositis diagnosis.
T-Cell Immunotherapies	The step-through option of Columvi (in DLBCL) and Lunsumio (in FL) was
	removed for Epkinly.
	DLBCL – diffuse large B-cell lymphoma, FL – Follicular Lymphoma

