

[Name
[Address]
[Address]
[City, State ZIP]

You may need to talk to your
doctor about your prescription

<Date>

Dear Member:

Mass General Brigham Health Plan provides comprehensive coverage and benefits to support the health and wellness of our members. When your plan renews on <DATE> we will no longer provide coverage for GLP-1 medications (e.g., Wegovy, Zepbound, Saxenda) that share an indication of obesity/weight management. This change ensures that we can continue to provide affordable premiums and a variety of programs and options to support our members' healthcare needs.

This letter is an important notice of an update to the list of drugs covered on your plan that may impact you.

Please note:

- Our records indicate you have filled <insert drug name> within the past six months.
- <insert drug name> shares an indication of obesity/weight management and will no longer be covered.
- If you have an authorization that is still valid after <renewal date> you will still be able to fill <drug name> until <date to meet 60 day notification>, to allow you time to speak with your doctor.

Please talk with your doctor about any questions you have with your treatment plan. Your doctor is the most qualified person to help you choose the right medication. You may choose to purchase this medicine at your own expense. In addition, on the back of this letter is a list of covered medications that may be used to treat your medical condition.

We're here to help

We're pleased to offer comprehensive benefits to help members achieve their health and wellness goals. Our programs are designed for long-term success by meeting members where they are on their health journeys. This includes:

- *Healthier You*: A year-long program for members who are looking to lose weight, become more active, and reduce the risk of chronic conditions, such as diabetes and heart disease
- *Access to health coaches*: One-on-one health coaching by phone at no cost to help members make a wellness plan and connect to resources in the community
- *Fitness and weight loss reimbursements*: For subscriptions, programs, or activities at qualifying fitness facilities and up to six months of membership fees at a qualified weight-loss program
- *Mental health support*: Comprehensive virtual and in-person mental health services
- *Care Management Programs*: A variety of programs to support our members' health needs

For more information, please visit our web site for details at mgbhp.org/glp1-coverage.

If you have questions about these plan benefits, please call the Customer Service number on the back of your member ID card. For your convenience, you may also email us at **HealthPlanCustomerService-Members@mgb.org** or log in to Member.MGBHP.org, to live-chat with a Customer Service Professional. We are available Monday through Friday from 8 a.m. to 6 p.m. and Thursdays from 8 a.m. to 8 p.m. For pharmacy-related questions, select the pharmacy option to be connected to our pharmacy benefits partner for assistance.

Sincerely,

Mass General Brigham Health Plan

Cc: <Provider>

Below is a list of covered medications that may be used to treat your medical condition:
Alli (orlistat)* Contrave (naltrexone/bupropion) * Phentermine Qsymia (phentermine/topiramate extended-release)*

*Requires prior authorization.